

Lip Balm

- 3 Tsp. grated unbleached beeswax
- 5 Tsp. carrier oil (sunflower, castor, or jojoba)
- 6 or 7 drops essential oil (such as lime, lemon, tangerine, grapefruit, or peppermint)

Preparations: Melt the beeswax and carrier oil together in the top of a double boiler, stirring to combine. Remove from heat; add honey and essential oil. Mix thoroughly so the honey does not clump. To add a little color, stir in a tiny dab of lipstick with a coffee stirrer. Pour the mixture into containers; let sit 20 minutes before covering or moving. For glossier lip balm, use 2 teaspoons wax and 8 teaspoons carrier oil.

Shampoo Basic Recipe

For normal hair, or as a base to add your own scents, use

- 1/4 cup distilled water
- 1/4 cup liquid Castile Soap - I use unscented, but you can choose your favorite
- 1/2 teaspoon jojoba, grapeseed, or other light vegetable oil

Mix together all the ingredients. Store in a bottle. Shake before use.

This mixture isn't as thick as commercial shampoos - you'll need to just tilt the bottle over your head, shampoo and rinse

Additives

- Rosemary essence for brunettes – good rinse
- Green tea essence for detoxifying scalp
- Glycerin to strengthen hair
- Aloe for moisture and texture

